



US Navy Civil Engineer Corps Collegiate Corner



April 2022

Greetings!

The end of the Spring Semester is near! As you prepare for final exams, capstone projects, the Fundamentals of Engineering exam, and everything else on your list, take a moment to read the below text and learn more about maintaining your military records.

Your Accessions team is here to make sure you are knowledgeable about the CEC and are prepared for the challenges ahead. We send out this newsletter to keep you informed about current events in the CEC, leadership development, and to answer questions you have with regards to the Navy, CEC, Seabees, etc. We look forward to you joining the ranks!

- CEC Accessions Team

LEADERSHIP PRINCIPLES

In keeping with the Principles of Naval Leadership series we will focus on the next tenant. This principle is easier said than done but extremely important when it comes to your interactions with your peers, subordinates, and senior leaders.

Seek Responsibility and Take Responsibility for Your Actions

- Learn the duties of your immediate senior, and prepared to accept the responsibilities of these duties
- Seek a variety of leadership positions that will give you experience in accepting responsibility in different fields.
- Take every opportunity that offers increased responsibility
- Perform every task. No matter whether it be top secret or seemingly trivial, to the best of your ability
- Stand up for what you think is right; have courage in your convictions.
- Carefully evaluate a subordinate's failure before taking action against that subordinate.
- In the absence of orders, take the initiative to perform the actions you believe your senior would direct you to perform if present.

CAREER FOCUS

Maintaining your Military Records

The accuracy and completeness of your military record is your responsibility. Although the information in your record is inputted by someone else, it is crucial that you periodically verify that the data was entered and it is correct. This article focuses on five Navy websites that allow



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you to review your record. You must have a Common Access Card (CAC) reader-enabled computer to access the websites.

1. My Navy Portal (<http://my.navy.mil/>). The Navy's new web portal designed to aggregate several personnel, training and education websites into one location. Here are some important things to know about MNP:
 - a. Today, the places Sailors go to access their personnel information is spread across a multitude of websites. Over time, that capability will be integrated into My Navy Portal.
 - b. This is the first step in providing a one-stop shop for Sailors to access their personnel information. Our Sailors deserve a modern personnel system and we are committed to giving it to them.
2. Bureau of Naval Personnel Online (BUPERS) (<https://www.bol.navy.mil/>). After logging into BUPERS, you will be able to view the following records:
 - a. Official Military Personnel File (OMPF) – electronic copies of official documents submitted to the Navy Personnel Command. Specifically, copies of your Fitness Reports (FITREPS) which are annual counseling reports that depict your performance during the year at your assigned command. FITREPS must be reviewed to ensure there are no gaps in the reporting cycles, the general data is correct, and there are no adverse comments that you do not agree with.
 - b. Officer Data Card and Performance Summary Review (ODC and PSR) – summaries of your FITREP trait scores, your reporting senior averages, and summary group averages. The ODC also list a history of your tour assignments, warfare qualifications, personal awards, acquisition certifications, and professional registrations. You may request electronic copies of your ODC and PSR.
 - c. Individual Medical Readiness (IMR) Status – Navy Medicine's Medical Readiness Reporting System (MRRS) shows what immunizations are due, when your dental exam is due, when your Periodic Health Assessment (PHA) is due, and whether or not you are fully medically ready. Your actual medical and dental records will be given to you when you complete OCS. You will need to turn your records into the medical and dental clinics at your assigned naval installation.
 - d. Physical Readiness Information Management System (PRIMS) – a list of every official Physical Readiness Test (PRT) performed in the last seven years. PRIMS data is manually inputted by your Command Fitness Leader (CFL) and must be verified for accuracy and completeness.
3. Navy Standard Integrated Personnel System (NSIPS)



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www.nsips.navy.mil. In NSIPS, you are able to view your Electronic Service Record (ESR), view your official orders, and create leave requests.

4. Navy Family Accountability and Assessment System (NFAAS)
<https://navyfamily.navy.mil/>. You must verify the accuracy of your physical address, phone numbers, and dependents' addresses (if applicable) semi-annually; usually in March and October. NFAAS standardizes a method for the Navy to account, assess, manage, and monitor the recovery process for personnel and their families affected and/or scattered by a wide-spread catastrophic event.

SAPR AWARENESS MONTH

Sexual Assault Prevention and Response (SAPR)



The U.S. Navy's Sexual Assault Prevention and Response (SAPR) program is designed to meet the needs of victims. Services are available to victims regardless of whether the victim knows the offender, and regardless of where and when the assault took place. Sexual assaults encompass a broad range of intentional sexual contacts that are unwelcome and without consent. The most serious sexual assaults, include rape, sodomy, and forced forms of sex. No form of sexual assault is ever acceptable in the Department of the Navy, and all are crimes. Close coordination with law enforcement and legal is essential for successful prosecutions. Active intervention is one key element of sexual assault prevention. It emphasizes the responsibility of all Sailors and Marines to protect each other and to actively intervene in circumstances that may lead up to sexual assault.

Our Mission

Prevent and respond to sexual assault, eliminating it from our ranks through a balance of focused education, comprehensive response, compassionate advocacy, and just



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adjudication in order to promote professionalism, respect, and trust, while preserving Navy mission readiness.

Our Vision

Promote and foster a culturally aware and informed Navy respectful of all, intolerant of sexual assault, and supported by a synergistic program of prevention, advocacy, and accountability.

Reporting Options

CALL 911 IF YOU ARE IN IMMEDIATE DANGER

There are two types of reporting options: Restricted or Unrestricted
It is important to understand your reporting options. Continue to read below. Please contact the DoD Safe Helpline or your local 24/7 response line to preserve your reporting options.

CALL: 1-877-995-5247

TEXT: 55-247(001-202-470-5546 outside the U.S.)

CLICK: <http://www.safehelpline.org/>

You may also report to a Sexual Assault Response Coordinator (SARC), SAPR Victim Advocate (VA) or healthcare personnel.

Regardless of how you choose to report sexual assault, you will be offered a full range of advocacy, medical and counseling services. Remember, if you initially make a restricted report, you can change it to an unrestricted report at a later date. However, if you initially make an unrestricted report, you cannot change it to a restricted report.

Restricted Reporting

Restricted reporting gives a victim time and opportunity to get information about available services and fully explore his or her rights, so he or she can make informed decisions without the pressure of an investigation or any legal processes. Once a victim becomes fully informed about the services available to him or her, he or she may elect to change his or her restricted report to an unrestricted report.

Available for:

- Active Duty Military or Coast Guard
- Reservists
- National Guard

Military dependents 18 years of age and older (via SAPR, if sexual assault is perpetrated by someone other than a spouse or intimate partner; or via the Family Advocacy Program, if sexual assault is perpetrated by a spouse or intimate partner)



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Service members who are on active duty but were victims of sexual assault PRIOR to enlistment or commissioning.

Note: If you do not fall into any of these categories and would like to receive assistance with a sexual assault please contact the Safe Helpline. Their staff can refer you to local civilian resources that offer confidential services.

Can be reported to:

- Sexual Assault Prevention and Response Victim Advocate (SAPR VA)
- Sexual Assault Response Coordinator (SARC)
- Military or civilian Healthcare Personnel (including FFSC counselors)

Note: Victims may forfeit their rights to use restricted reporting by talking to someone other than those designated.

Note that Chaplains and Legal Assistance Attorneys cannot receive a restricted report, but have privilege and can preserve the restricted reporting option.

Services available:

- Victim Advocacy
- Medical Care
- Sexual Assault Forensic Exam
- Counseling
- Legal Assistance
- Chaplain support

Benefits and Limitations of RESTRICTED Reporting

Benefits of Restricted Reporting

- Victim receives appropriate medical treatment, advocacy and counseling.
- Provides victim with time to consider options and to begin the healing process.
- Empowers victim to seek relevant information and support, and to make more informed decisions about participating in a criminal investigation.
- Victim controls the release and management of his/her personal information.
- Victim decides whether and when to move forward with initiating an investigation.

Limitations of Restricted Reporting

- Victim cannot receive a Military Protective Order (MPO) or be reassigned for safety.
- Perpetrator may continue to have contact with the victim.
- Evidence from the crime scene may be lost.
- Victims are limited to a few specified individuals with whom they can discuss the sexual assault.
- Perpetrator may remain unpunished and at large.



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Unrestricted Reporting

Available for:

- Active Duty Military or Coast Guard
- Reservists performing federal duty
- National Guard under Title 10 status
- Military dependents 18 years of age and older (via SAPR, if sexual assault is perpetrated by someone other than a spouse or intimate partner, or via the Family Advocacy Program, if sexual assault is perpetrated by a spouse or intimate partner)
- Service members who are on active duty but were victims of sexual assault PRIOR to enlistment or commissioning.

The following non-military individuals who are victims of sexual assault are eligible for limited SAPR Services (assistance of a SARC and a SAPR VA while undergoing emergency care OCONUS):

- DoD civilian employees and their family dependent 18 years of age or older when they are stationed or performing duties OCONUS and eligible for treatment in the MHS at military installations or facilities OCONUS.
- U.S. citizen DoD contractor personnel when they are authorized to accompany the Armed Forces in a contingency operation OCONUS and their U.S. citizen employees.

Can be reported to:

- Sexual Assault Prevention and Response Victim Advocate (SAPR VA)
- Sexual Assault Response Coordinator (SARC)
- Military or civilian law enforcement
- Military or civilian Healthcare Personnel (including FFSC counselors)

Chain of Command

Note: With unrestricted reporting, the sexual assault must be reported to the command for all active duty members and to NCIS / military law enforcement for investigation for all active duty members and other beneficiaries.

Services available:

- Victim Advocacy
- Medical Care
- Sexual Assault Forensic Exam
- Counseling
- Legal Assistance
- Chaplain support



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Benefits and Limitations of UNRESTRICTED Reporting

Benefits of Unrestricted Reporting

- Ensures the widest range of rights and protections to the victim.
- Command assistance regarding safety and assignment (e.g., Military Protective Orders-MPOs, separation from offender, deferred collateral misconduct, etc.).
- Accountability of perpetrator.
- Enhanced community safety.
- Limitations of Unrestricted Reporting
- Victim cannot change to Restricted Reporting.
- Victim may consider investigation or legal process too intrusive.
- Assault will be known and discussed among those with a need to know.
- Investigation and court proceedings may be lengthy (approximately 6-18 months).
- Offender(s) may not be convicted.
- Possible personnel movement.

HEALTH CHALLENGE

Incorporate Veggies in every meal this
month

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